



Rt. Hon David Mundell MP

HOUSE OF COMMONS

LONDON SW1A 0AA



Scottish Borders Council  
Council Headquarters  
Newtown St. Boswells  
Melrose  
TD6 0SA

17 September 2021  
Ref: DM17546

To Whom It May Concern,

### **PROPOSED CARE HUB AT 3 ROWAN COURT**

I am therefore supportive of the proposal for a care hub at 3 Rowan Court, Peebles and urge that the appeal by DDL Care Services be upheld.

I believe that the range of services that DDL Care are seeking to provide within the community would be of considerable benefit to many adults and older people locally who are at risk from social isolation, impaired mobility due to inactivity and other physical and mental health problems.

- All care needs will be accommodated, no one will be excluded because of a need for equipment or have a special requirement.
- a nutritious meal and snacks throughout the day while engaging in the social opportunities being offered.
- invite the local Children's Nursery to engage with participants, it is a proven fact that this interaction benefits both generations through friendships and play.
- a Sensory garden with raised beds to allow participants to plant flowers or vegetables to stimulate their mental and physical health by remaining active.
- challenge people by becoming more active through the use of IT tools, other activities, discussions and interaction with others.
- supervised mobility, and free movement throughout the Care Hub, which will increase mobility and strengthen muscles.
- an exercise room offering armchair aerobics, stretching, yoga or Thai Chi to help reduce falls and strengthen muscle function.
- showering facility for those with no access to shower or those requiring support to shower
- A therapy room will facilitate health services such as District Nurse visits, Opticians, Podiatry, and other holistic treatments.
- a secure, caring, safe environment to interact with other participants and staff.

As they have set out for me, these services would seek to provide:

Given the loss of care facilities in Tweeddale over recent years, such as the Dunwhinny Day Care facility, the reduction in services provided by the NHS at Firholm and the loss of the SBC operated facility first at Hay Lodge Hospital and subsequently at Victoria Park, it does seem to me that there is a clear need for services in the community such as those being proposed by

### **A strong voice for Dumfriesshire, Clydesdale & Tweeddale**


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DDL Care Services.

My understanding is that DDL Care Services' proposal is to provide a care hub which would offer a broad range of services including a therapy room, exercise room, main hub room, quiet room, kitchen area, showering and bathing facilities and transportation to and from the facility for its clients.

I am writing in support of the appeal against the refusal of a planning application lodged by DDL Care Services, who are seeking to create a care hub at 3 Rowan Court, Peebles.

Yours Sincerely

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**RT HON DAVID MUNDELL MP**